

**2009 USA Swimming/Speedo Champions Series
Western Region Section Short Course Championships
March 11-15, 2009
Qualifying Times**

WOMEN			Event	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
25.10	28:01	28.59	50 FREE	22.49	25.11	25.79
54.23	1:00.52	1:01.48	100 FREE	49.05	54.74	56.13
1:56.84	2:10.40	2:12.88	200 FREE	1:47.20	1:59.64	2:02.37
5:12.19	4:33.13	4:38.86	500/400 FREE	4:51.69	4:15.20	4:22.50
10:46.09	9:25.26	9:39.45	1000/800 FREE	10:14.69	8:57.79	9:12.79
18:09.88	18:06.22	18:44.59	1650/1500 FREE	17:15.12	17:12.02	17:36.59
1:00.90	1:06.53	1:10.55	100 BACK	56.09	1:02.60	1:05.30
2:11.05	2:28.18	2:30.64	200 BACK	2:01.79	2:15.93	2:21.19
1:09.69	1:17.78	1:19.93	100 BREAST	1:02.19	1:09.41	1:13.19
2:30.51	2:47.98	2:53.49	200 BREAST	2:18.49	2:34.56	2:40.79
59.61	1:06.53	1:07.08	100 FLY	54.09	1:00.37	1:01.21
2:12.77	2:28.18	2:30.83	200 FLY	2:01.79	2:15.93	2:20.39
2:12.30	2:27.66	2:31.09	200 IND. MEDLEY	2:00.69	2:14.70	2:18.69
4:39.31	5:11.73	5:18.10	400 IND. MEDLEY	4:18.89	4:48.94	4:57.79
1:44.69	1:56.89	1:59.29	200 FREE RELAY	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 FREE RELAY	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 FREE RELAY	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 MEDLEY RELAY	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 MEDLEY RELAY	3:47.49	4:15.75	4:23.39